

Are you hurting
the one you
LOVE?
Choose to **STOP!**

Are you worried about your behaviour towards your partner? Have you been violent or abusive?

For information and advice to help you stop call the Respect Phoneline.

0808 802 4040

Calls to this helpline are free from landlines and mobile phones within the UK and do not appear on itemised bills

**We are open
Monday-Friday
9am to 5pm.**

**Or email
info@respectphoneline.org.uk
www.respectphoneline.org.uk**



If English is not your first language,
call us and ask for an interpreter

Text Relay

Calls are confidential. We do not use technology to identify callers, listening-in or call recording equipment. Calls may be monitored for quality and training purposes. Visit www.respectphoneline.org.uk for more info.